Dreaming of a White Christmas

"Sisters"

"Blue Skies"

"The Best Things Happen While You're Dancing"

"Count Your Blessings Instead of Sheep"

"White Christmas"

A Classic Film for the Holiday Season

For more than half a century, White Christmas has remained one of Hollywood's most iconic musicals, bringing together Bing Crosby, Rosemary Clooney, Danny Kaye, and Vera-Ellen at the height of their careers. Released in 1954, the film showcased Irving Berlin's masterful songwriting, blending new numbers with the already-beloved title song to create a soundtrack that helped shape the sound of the season.

This month, we revisit its classic score by singing and dancing along to the music that continues to define the holiday season.





Song: "Sisters" (1954)

Songwriters: Irving Berlin

Brief Context:

Written by Irving Berlin in 1954, "Sisters" became one of the standout musical numbers in the beloved film White Christmas, performed on screen by Rosemary Clooney and Vera-Ellen with iconic blue feather fans in hand. The song's playful lyrics, tight harmonies, and charming choreography celebrate the bond between sisters and add a delightful touch of comedy to the film. Originally conceived as a lighthearted specialty number, "Sisters" has since become a favorite standard—even beyond the holiday season—embodying the warmth, wit, and timeless music that define White Christmas.

Activity: Listening

What do you need?

- Perfect Harmony "Sisters" video (YOUTUBE)
- Perfect Harmony "Sisters" lyrics

Suggested Discussion Prompt

Although Rosemary Clooney sings "Sisters" in White Christmas, she wasn't actually dueting with co-star Vera-Ellen—Vera's vocals were dubbed by singer Trudy Stevens.

Clooney later recorded the song again, this time with her *real* sister, Betty!



Reinterpretation of the iconic "Sisters" dresses by Booth Tarkington Civic Theatre (2024)



Song: "Blue Skies" (1926)

Songwriter: Irving Berlin

Brief Context: "Blue Skies," written by Irving Berlin in 1926, became an immediate sensation when it was added last-minute to the musical Betsy—earning an incredible 24 encores on opening night. Its cheerful lyrics paired with a subtly ironic minor-key setting made it a standout early American standard, later popularized in recordings, films, and jazz interpretations by artists such as Benny Goodman, Ella Fitzgerald, and even Willie Nelson. Over the decades, "Blue Skies" has remained one of Berlin's most enduring songs, celebrated for its optimism, timeless melody, and versatility across musical genres.

Activity: Singing

What do you need?

- Perfect Harmony "Blue Skies" video (YOUTUBE)
- Perfect Harmony "Blue Skies" lyrics

Fun Fact

"Blue Skies" appears during the rehearsal scene in White Christmas, where Bob Wallace (Bing Crosby) humorously attempts a dance number with Phil Davis (Danny Kaye). The moment pays tribute to Crosby's long history with the song—he first recorded "Blue Skies" in 1939, years before White Christmas brought the tune back into the spotlight.



Trailer screenshot, Public domain, via Wikimedia Commons



Blue Skies

Blue skies
Smiling at me
Nothing but blue skies
Do I see

Bluebirds
Singing a song
Nothing but bluebirds
All day long

Never saw the sun shining so bright
Never saw things going so right
Noticing the days hurrying by
When you're in love, my how they fly

Blue days
All of them gone
Nothing but blue skies
From now on

Song: "The Best Things Happen While You're Dancing" (1954)
Recorded by: Danny Kaye, Joseph J. Lilley & His Orchestra

Brief context: "The Best Things Happen While You're Dancing," written by Irving Berlin, was first performed by Danny Kaye and Vera-Ellen (dubbed by Trudy Stevens) in the 1954 musical film White Christmas. The song, a lively duet, plays a pivotal role in the film's storyline, as Phil (Kaye) and Judy (Vera-Ellen) share a romantic dance that helps set the stage for the blossoming love between their friends, played by Bing Crosby and Rosemary Clooney. The song was specifically crafted by Berlin to suit this joyful, situational dance moment in the film. The song was also included in the Broadway musical, which came after the film.

Activity: Movement

What do you need?

 Perfect Harmony "The Best Things Happen While You're Dancing" video (YOUTUBE)

Suggested Seated Movement

Follow Perfect Harmony leader Kenny or create your own seated movement!

Use movements like . . .

- Clasping your hands and reaching to the sky
- Tango-ing with your pretend partner
- Reaching your big toe forward and back
- Giving yourself a big hug



Song: "Count Your Blessings (Instead of Sheep)" (1954) Songwriter: Irving Berlin

Brief context: Irving Berlin is certainly known for his holiday music! "Count Your Blessings (Instead of Sheep)" is a song from the 1954 movie White Christmas starring Rosemary Clooney and Bing Crosby. At one point, Berlin was struggling with insomnia brought on by stress when his doctor recommended "counting his blessings." The comment was clearly a source of inspiration for Berlin, as he went on to incorporate it into this song and one of the most popular holiday movies of all time. Though originally performed as a Christmas song, there are no references to the holiday at all. This song has been recorded by not only Rosemary Clooney and Bing Crosby, but also Eddie Fisher, Sonny Rollins, Andy Williams, and Jimmy Durante, among others.

Activity: Singing and engaged discussion

What do you need?

- Perfect Harmony "Count Your Blessings (Instead of Sheep)" video (YOUTUBE)
- Perfect Harmony "Count Your Blessings (Instead of Sheep)" lyrics

Suggested discussion prompts

As we celebrate the holiday season, we often reflect on things, or people, in our lives we are thankful for.

- Who, or what, are you feeling thankful for this year?
 - Suggested prompts: Family, Friends, Pets, Holiday Traditions
- Why do you feel thankful for these things?



Count Your Blessings (Instead of Sheep)

When I'm worried and I can't sleep
I count my blessings instead of sheep
And I fall asleep counting my blessings
When my bankroll is getting small
I think of when I had none at all
And I fall asleep counting my blessings

I think about a nursery and I picture curly heads
And one by one I count them
as they slumber in their beds
If you're worried and you can't sleep
Just count your blessings instead of sheep
And you'll fall asleep counting your blessings

[Repeat]

Song: "White Christmas" (1942) Songwriter: Irving Berlin

Brief Context: "White Christmas" is not only one of the most beloved Christmas songs, but also one of the most popular songs ever written. Bing Crosby's soulful, longing rendition remains the best-selling single of all time, with more than 50 million copies sold. Featured in two movie musicals—Holiday Inn (1942) and White Christmas (1954)—the song took on special significance during World War II, becoming a poignant anthem for troops serving overseas and for families on the home front.

Activity: Singing & Engaged Discussion

What do you need?

- Perfect Harmony "White Christmas" video (YOUTUBE)
- Perfect Harmony "White Christmas" lyrics

Suggested Discussion

What is your favorite song from the movie White Christmas?

- "White Christmas"
- "Sisters"
- "Snow"
- "Gee, I Wish I Was Back in the Army"
- "Count Your Blessings (Instead of Sheep)"



White Christmas

I'm dreaming of a white Christmas
Just like the ones I used to know
Where the treetops glisten and children listen
To hear sleighbells in the snow

I'm dreaming of a white Christmas
With every Christmas card I write
May your days be merry and bright
And may all your Christmasses be white

I'm dreaming of a white Christmas
Just like the ones I used to know
Where the treetops glisten and children listen
To hear sleighbells in the snow

I'm dreaming of a white Christmas
With every Christmas card I write
May your days be merry and bright
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